**Additional Resources for Independent Living**

**Websites:**

<https://www.ilru.org/topics/il-history-philosophy>

<https://www.nvsilc.com/>

[www.disabilityscoop.com](http://www.disabilityscoop.com)

**Reading Materials:**

* What Can a Body Do? How We Meet the Built World (Sara Hendren)
* Disability Visibility (Alice Wong) \*also a podcast
* Health Design Thinking: Creating Products and Services for Better Health (Bon Ku, MD and Ellen Lupton)
* Being Heumann: An Unrepentant Memoir of a Disability Rights Activist (Judith Heumann)
* Nothing About Us Without Us: Disability Oppression and Empowerment  (Jim Charlton)
* [Disability History and Philosophy](https://www.ilru.org/sites/default/files/resources/il_history/Recommended_Reading_Disability_History.pdf) (pdf). Excerpted from the IL-Net Wiki, ILRU, June 2015
* [New Paradigm of Disability: A Bibliography (2000)](https://www.ilru.org/sites/default/files/resources/il_history/New_Paradigm_of_Disability.pdf) (pdf). This bibliography was developed by an ad hoc task group of the President’s Committee on the Employment of People with Disabilities, Subcommittee on Communications.
* [The Independent Living Movement: History and Philosophy to Implementation and Practice](https://www.ilru.org/sites/default/files/resources/il_history/IL_Movement.pdf) (1998) by Maggie Shreve.
* [The Professional Problem by John McKnight (1979)](https://www.ilru.org/sites/default/files/resources/il_history/Professional_Problem.pdf) (pdf). This article was first presented at a seminar on professionalism held by the Mediating Structures Project of the American Enterprise Institute, 1979.

**Podcasts:**

Disability Visibility (Alice Wong)

A11y Rules (Nicolas Steenhout)

**Social media:**

<https://youtu.be/Ejs56bcBU_0> YO! Webinar Training on Ed Roberts Day/Independent Living Center Services (YouTube)

<https://youtu.be/ABFpTRlJUuc>

Our fight for disability rights and why we're not done yet | Judith Heumann | TEDxMidAtlantic (YouTube)

<https://youtu.be/YjaUwQMsPYs> A History of the Independent Living Movement (YouTube)

The Body is Not an Apology (Facebook, Instagram)

Sins Invalid (Facebook, and maybe other platforms)

Representing Disability in an Ableist World: Essays on Mass Media (Facebook, maybe other platforms

@unstrangemind (Instagram - Maxfield Sparrow, an Autistic activist)